



PRAY



SING



READ



BLESS

FAMILY LITURGY

- FOR TIMES OF FEAR -

PRAY

SAINT PATRICK'S BREASTPLATE ADAPTED

CHRIST, BE WITH ME,

Cross your hands over your heart

CHRIST BEFORE ME,

Point in front of you

CHRIST BEHIND ME,

Point behind you

CHRIST IN ME,

Point at yourself

CHRIST BENEATH ME,

Touch or point to the ground

CHRIST ABOVE ME,

Reach up high

CHRIST ON MY RIGHT,

Reach to the right

CHRIST ON MY LEFT,

Reach to the left

CHRIST WHERE I LIE,

Lie down or lay your hands on a surface

CHRIST WHERE I SIT,

Sit or lay your hands on your lap

CHRIST WHERE I RISE.

Stand or lift your hands with palms up

I AM LOVED BY GOD.

Hug yourself

I AM SAVED BY JESUS.

Pull an imaginary rope

I AM MADE STRONG IN THE HOLY SPIRIT.

Make a strong pose

MAY YOUR SALVATION, O LORD, BE EVER WITH US.

Fold your hands in prayer

AMEN.

Clasp your hand over your fist to sign "amen"

SING

IT IS WELL WITH MY SOUL

1. When peace like a river attendeth my way,
When sorrows like sea billows roll;
Whatever my lot Thou hast taught me to say,
"It is well, it is well with my soul!"

Chorus

It is well with my soul!
It is well, it is well with my soul!

2. Though Satan should buffet,
though trials should come,
Let this blest assurance control,
That Christ hath regarded my helpless estate,
And hath shed His own blood for my soul.

3. My sin—oh, the bliss of this glorious thought—
My sin, not in part, but the whole,
Is nailed to His Cross, and I bear it no more;
Praise the Lord, praise the Lord, O my soul!

4. For me, be it Christ, be it Christ hence to live;
If dark hours about me shall roll,
No pang shall be mine, for in death as in life
Thou wilt whisper Thy peace to my soul.





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THE STORY OF JOSEPH - GENESIS 37-41

The story of Joseph is more than the story of a boy in a rainbow coat who eventually saves his family and all of Egypt. This is the story of a boy who has heard of God growing up to be a man who has the wisdom of God.

Even though he was the favorite son of Jacob, Joseph was not liked by his brothers. So, they threw him into a pit - a deep hole in the ground. If you think that's bad, next they sold him to be a slave in Egypt! Joseph was only 17-years old. He was scared, but God helped him be the best slave in his new home so that he was put in charge of many things. Then, someone told a terrible lie about Joseph, and he went to prison! But God was still with him. God helped him be the best prisoner, and he was put in charge of many other prisoners.

God gave to Joseph a special gift, he was able to understand the meaning of dreams. Even though he was locked away in prison, Pharaoh heard about Joseph's extraordinary gift. Joseph listened to Pharaoh's dreams and warned him that soon there would be a famine - a time when there wouldn't be enough food for everyone. Pharaoh trusted him and immediately put Joseph in charge!

When Pharaoh looked at Joseph, he didn't see a man who had been locked away in prison for over two years. He saw that Joseph had the One True God's Spirit in him. And when Joseph knew that a seven-year famine was coming, he wasn't scared, because he knew God, who helped him so many times before, would help him again.

DISCUSS

- Did you learn anything new about Joseph?
- How would you have felt if you had been Joseph?
- How did God help Joseph?
- How do you think Pharaoh knew that God's Spirit was in Joseph? Remember, Pharaoh worshipped many gods, but not the One True God.
- Is there something that you are worried about? Talk about ways God can help. List ways God has helped your family in the past.

BLESS

Lord Jesus, you know every pain and anxiety, because you lived on this earth before us. Look on your child, _____, in love, sending your Holy Spirit to bring him/her comfort, peace, strength, joy, and hope. Amen.

Remember that you were not made to be marked by fear but anointed as heir to a Kingdom incorruptible. Remember who's mark you bear. May others see the undeniable presence of God's Spirit in your life that is founded on hope.

